

CPR and Basic Safety Merit Badge

It is the responsibility of any community member to be able and willing to help in times of medical emergencies and crisis. You do not need to be a trained medical person to help save lives. As a student interested in health, medical and community services it is essential that you have the desire to aid people in need. This certificate will give you the skills and experience to respond and aid any emergency and probably save a life. In addition to learning these skills in the student's required health education course, or in a certified Community First Aid/ CPR course, it is the responsibility of Health Academy students to go one step further and teach others to save lives too. This teaching will act to help the student retain their emergency skills, while refreshing other students' aid skills.

Objectives-

Upon completion of this certificate the student will be able to:

1. Name the first steps that should be taken during an emergency.

After instructional time, the student will show knowledge of emergency steps and the order they should be taken. This can be done by the student assessing written situations and responding.

Verification: answering written scenarios

2. Describe and perform the procedure for rescue breathing.

After instructional time, the student will simultaneously show and describe, by using a CPR simulator, the correct procedures for rescue breathing.

Verification: demonstration on CPR simulator

3. Describe and perform the procedure for Cardiopulmonary resuscitation-CPR

After instructional time, the student will simultaneously show and describe, by using a CPR simulator, the correct procedures for CPR.

Verification: demonstration on CPR simulator

4. Demonstrate first aid for bleeding, burns, choking, and shock.

After instructional time, the student will demonstrate using supplied standard first aid materials, how to treat each of these common injuries. They will also demonstrate using found materials when supplies are not available.

Verification: roll-playing demonstration using surprise scenarios for injuries.

5. Teach a group of peers proper first aid technique.

The student will teach first aid and CPR techniques to a small group of their peers, chosen by them. This will be done at least one full semester after the student has taken the course. The group of students should be preferably upper-classmen who can most greatly benefit from a refreshment of their training as sophomores.

Verification: observation of peer teaching by instructor.

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